



1st - 7th August

To celebrate World Breastfeeding Week 2017 Midwifery and Health Visiting teams, Neonatal Unit, Breastfeeding Charities, Children's Centres and the City Council are working together to support breastfeeding mums and babies

2017



'La Leche League' - Southampton

- National Childbirth Trust - Southampton
- Home visits by qualified breastfeeding counsellor
- Peer supporters on Burley Ward
- Two weekly Baby Cafes supported by qualified breastfeeding counsellors and peer supporters
- Breastfeeding Peer Support training for local mothers
- Southampton Baby Cafe Facebook page
- Support of Expectant Parent event at PAH

- Meets every Monday morning in term-time
- Provides friendly breastfeeding support and information by trained breastfeeding counsellors
- Gives mothers the opportunity to socialise with other breastfeeding mothers and to share experiences
- Every third Monday a group discussion is held on a variety of breastfeeding related topics
- We welcome all parents who are interested in breastfeeding, including mixed feeding and breastfeeding older children

See our updated website and Help and support with breastfeeding leaflet at - www.uhs.nhs.uk/OurServices/Maternityservices/Feedingyourbaby.aspx

Working together to inform, support and celebrate



Breastfeeding Friendly Southampton

Southampton is a Breastfeeding Friendly City, with over 150 local breastfeeding friendly venues, openly welcoming and celebrating women in their right to breastfeed their children while out and about. To find breastfeeding friendly Southampton venues near you, please go to <http://www.breastfeedingwelcomescheme.org.uk/>



Breastfeeding in and around Southampton - every day counts



All photos by Paul Carter and the Breastfeeding in public project - www.breastfeedinginpublic.co.uk